

CHAMONIX SPA & SALON

MASSAGE & SALON MENU

MASSAGES *

High Altitude Massage

60 Minutes \$125 - 90 Minutes \$190

This massage releases stress, eases muscle tension, boosts circulation, and improves mobility as well as muscle and skin tone. It targets the areas of concern specified by the guest and works therapeutically into deeper muscle layers addressing trigger points with gentle pressure and release techniques. A warm compress might be used in the treatment, depending on the individual's need.

Back Massage

60 Minutes \$125

A reviving back, neck and shoulder massage using acupressure techniques, to relieve muscle tension and restore mobility and alignment of the back and spine.

Chamonix Holistic Massage

60 Minutes \$125 - 90 Minutes \$190

A fully personalized treatment based on each guest's needs and desires. It uses a combination of flowing, soothing, rhythmic and medium pressure movements on the specified areas of concern to relieve muscle tension.

Relax Foot Massage

30 Minutes \$125

Restore the body's balance and release aches and pains with this signature treatment using a fusion of massage techniques on the meridian lines of the legs and zones of the feet.

SALON SERVICES *

Man's Hair Cut	\$60
Woman's Hair Cut	\$90
Blow Dry	\$50
Manicure	\$90
Pedicure	\$90

WAXING *

Lip, Chin or Cheek	\$25
Eyebrow	\$30
Brow Shaping	\$55

**For your convenience, a customary gratuity of 22.5% will be added to your Spa Invoice, does not include Sales 7.2% Tax.*

OPENING HOURS

Spa: 11am – 7pm Wednesday-Sunday
Closed Monday & Tuesday

SPA RESERVATIONS

For spa inquiries or reservations, please contact the spa reception directly, call the front desk. Advance bookings are recommended to secure your preferred treatment time. Please state any therapist gender preference at the time of booking.

ARRIVAL

Please arrive 15 minutes prior to your treatment to complete your lifestyle consultation form.

CANCELLATIONS POLICY

Please allow two hours notice on individual treatments and 24 hours notice otherwise 50% of the treatment price will be charged. Failure to keep your appointment will result in a 100% treatment charge.

PRIOR TO ARRIVAL

We recommend that you leave all jewelry and valuables in your room before coming to the spa.

LATE ARRIVALS

Out of respect for other guests' reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.